

# COVID-19 and A



#### What is "full vaccinated" versus "up to date?"

You are "fully vaccinated" if you have had two doses of Moderna or Pfizer or one dose of J&J. You are up to date if you have completed a COVID-19 vaccine primary series and received the two most recent booster doses.



#### Is natural immunity better than COVID-19 vaccines/boosters?

The level of protection from natural immunity may vary depending on how mild or severe their illness was, the time since their infection, and their age. Getting a vaccine/booster gives most people a high level of protection and can provide added protection for people who already had COVID-19.



## Do the COVID vaccines have questionable ingredients?

COVID-19 vaccines do NOT contain ingredients like preservatives, tissues, antibiotics, food proteins, medicines, latex, or metals.



### Does the COVID vaccine contain fetal cells?

Look-alike cells, grown in a lab, were used in testing during research and development of the mRNA and J&J vaccines.



### Will the COVID vaccine make me or my partner infertile?

Currently, there is not evidence that any vaccine, including COVID-19, causes infertility in men or women.



#### If I'm pregnant or planning to get pregnant should I get boosted?

Yes. People with COVID-19 during pregnancy are more likely to deliver a preterm or stillborn infant and may also be more likely to have other pregnancy complications.



#### Can COVID vaccines/boosters affect the heart?

In the U.S., there has been an increase in reported cases of myocarditis and pericarditis after mRNA COVID-19 vaccination, particularly in males ages 12 to 29. These types of reports are rare. Talk to your medical provider.